

25/04/2020 Version : 6 Thali Allergy Guide. This is a guide to ingredients of dishes. All food is made in an environment where all allergens are present.

| | Not an Ingredient | | | | | | | | | | | | | | |
|-------------------------|-------------------|------|------|------|---------|-----------|--------|----------------|-------------|----------|-----|--------|--------|-------|---------|
| | Contains | | | | | | | | | | | | | | |
| | Meat | Milk | Eggs | Fish | Peanuts | Tree Nuts | Sesame | Sulfur Dioxide | Crustaceans | Molluscs | Soy | Celery | Gluten | Lupin | Mustard |
| TO START | | | | | | | | | | | | | | | |
| Poppadoms | | | | | | | | | | | | | | | |
| CHUTNEYS | | | | | | | | | | | | | | | |
| White Chutney | | | | | | | | | | | | | | | |
| Green Chutney | | | | | | | | | | | | | | | |
| Tomato Chutney | | | | | | | | | | | | | | | |
| mix Pickle | | | | | | | | | | | | | | | |
| Mango Chutney | | | | | | | | | | | | | | | |
| SIDES | | | | | | | | | | | | | | | |
| Masala fried potatoes | | | | | | | | | | | | | | | |
| Chapatti | | | | | | | | | | | | | wheat | | |
| Uttapam | | | | | | | | | | | | | | | |
| Aloo paratha | | | | | | | | | | | | | wheat | | |
| Keralan salad | | | | | | | | | | | | | | | |
| Rice | | | | | | | | | | | | | | | |
| STARTERS | | | | | | | | | | | | | | | |
| Punjabi samosa | | | | | | | | | | | | | wheat | | |
| Red pepper pakora | | | | | | | | | | | | | | | |
| Aloo Bonda | | | | | | | | | | | | | | | |
| MAINS | | | | | | | | | | | | | | | |
| Veggie sausage | | | | | | | | | | | | | wheat | | |
| Sambar | | | | | | | | | | | | | | | |
| Subji | | | | | | | | | | | | | | | |
| Daal | | | | | | | | | | | | | | | |
| Punjabi Paneer | | | | | | | | | | | | | | | |
| Goan fish | | | | | | | | | | | | | | | |
| Bengali Aubergine curry | | | | | | | | | | | | | | | |
| Pumpkin olan | | | | | | | | | | | | | | | |
| Keralan Nandan chicken | | | | | | | | | | | | | | | |
| DESSERTS | | | | | | | | | | | | | | | |
| Chocolate cheese cake | | | | | | | | | | | | | wheat | | |
| Chocolate kulfi | | | | | | | | | | | | | | | |
| Pistachio kulfi | | | | | | | | | | | | | | | |
| Gulab Jamun | | | | | | | | | | | | | wheat | | |
| Chocolate ice cream | | | | | | | | | | | | | | | |
| Vanila ice cream | | | | | | | | | | | | | | | |
| Mango sorbe | | | | | | | | | | | | | | | |
| BREAKFAST | | | | | | | | | | | | | | | |
| Sri Lanka Omelette | | | | | | | | | | | | | | | |
| Banana Coconut Pancake | | | | | | | | | | | | | wheat | | |

Masala dosa

