

THALI

EVERYDAY INDIA



**ZERO
WASTE**

TIFFIN

TAKEAWAY

REVOLUTION

01179 514 979

[THETHALIRESTaurant.CO.UK](http://thethalirestaurant.co.uk)

BUY

The tiffin scheme is an everyday way to enjoy your favourite thali at home with **zero waste**. Buy an insulated tiffin tin and fill it with your thali of choice - £25

BUILD

A tiffin traditionally includes one of each of the following components: everyday dhaba, daal, subji and basmati rice.

KERALAN NANDAN CHICKEN	GF DF	£6
CHANA MASALA	GF  DF	£4
GOAN FISH	GF DF	£5.5
PUMPKIN AND COCONUT OLAN	GF  DF	£4
PUNJABI PANEER	GF V	£5
SUBJI	GF  DF	£2.5
SPINACH TARKA DAL	GF  DF	£3
DAL	GF  DF	£2.5
BASMATI RICE	GF  DF	£2

TIFFIN

MAINTENANCE

Always stack the biggest compartment at the bottom with a plate between each layer. Get it right and the metal strap will close easily.

Never force the tiffin shut. Do not put the compartments into a microwave or onto a gas or electric hob. Make sure all parts are clean and dry before you restack them.

NO COMPROMISE

This menu has been awarded the highest rating by the Sustainable Restaurant Association. Our chicken is free-range, fish is sustainably sourced and we use sustainable, organic and seasonal produce wherever we can.

Allergen Info

Our allergen chart lists the ingredients used for all dishes – please ask your server for a copy. If you suffer from food allergies and intolerances please speak to your server. Food may contain nuts.



= Vegan

[VO] = Vegan Option available

[V] = Vegetarian

[GF] = Gluten-free

[DF] = Dairy Free