## LUNCH

SERVED FROM 12 UNTIL 4PM • MONDAY - FRIDAY ONLY

## EXPRESS THALL £8

A fresh and fast Indian Lunch, choose from any of our curries,

KERALAN NANDAN CHICKEN [GF] [DF]

TARKA DAHL [GF] V

CHANA MASALA [GF] 😯

GOAN FISH CURRY IGFI IDFI

PUNJABI PANEER [GF] [V]

PUMPKIN OLAN [GF] 🕜

Served with served with saag aloo and basmati rice.

## **EXPRESS GRILLS £8**

CHICKEN TIKKA STICKY MANGO PANEER [V]

Served with chapatti, crunchy Keralan salad, Masala potato fries & fresh coriander chutney.



Our Free Range chicken is directly sourced from Creedy Carver farm situated in Crediton Devon.



Our Icelandic Cod is sourced through sustainable fishing practices certified by the Marine Stewardship Council.

